

**What works better: studying
all at once or spread over
several days?**

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**What helps more: rereading or
quizzing yourself?**

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**How many minutes of work is
one pomodoro?**

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**How long is the break after
one pomodoro?**

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**What do you put away while
doing homework?**

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**What do you call an overview
of what you will do and when?**

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**What goes in a summary:
everything or the main points?**

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**How many hours of sleep does
a teenager need?**

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 ANSWER

quizzing yourself

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 ANSWER

spread over several days

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 ANSWER

5 minutes

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25 minutes

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a plan

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your phone

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 ANSWER

8 to 10 hours

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 ANSWER

the main points

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