

WHAT YOU'RE TRAINING NOW

What do you already know?

First you pull up what you already know. New things stick better to something familiar.

The question

Me 1

Alone, in silence. Everything you already know or think. No talking.

Me 2

Alone, in silence. Everything you already know or think. No talking.

We

What all four of us agree on. In our own words.

Me 3

Alone, in silence. Everything you already know or think. No talking.

talking.

Activate prior knowledge · Source: Wijze lessen (Surma et al., 2019), bouwsteen 1

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